

RedTree Landscape Systems

A Legacy of Excellence in Landscaping

By Jennika Allen | Photo provided by RedTree Landscape Systems



For over 35 years, RedTree Landscape Systems has been providing top-notch landscaping services to clients in Florida. Founded by brothers Dave and Pete Lucadano, the company has built a reputation for excellence in grounds maintenance, arbor care, landscape design and installation, irrigation installation, and other miscellaneous services.

What sets RedTree Landscape Systems apart from other landscaping companies is their commitment to quality and professionalism. The team at RedTree are ISA certified arborists, certified pest control operators, licensed irrigation contractors, and Florida certified for both landscape contracting and green industries best management practices. This means that they have the knowledge and expertise to handle any landscaping project, big or small.

One of the company's specialties is arbor care. Trees are an essential part of any landscape, and RedTree Landscape Systems understands the importance of keeping them healthy and beautiful. Their arbor care services include tree pruning, tree removal, stump grinding, and tree health assessments. With their expertise, they can help clients maintain the beauty and health of their trees for years to come.

Another area of expertise for RedTree Landscape Systems is landscape design and installation. They work closely with clients to create custom designs that meet their specific needs and preferences. From selecting the right plants and trees to designing hardscapes like patios and walkways, they can transform any outdoor space into a beautiful and functional oasis.



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Serving the Tampa Bay Area

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- 🌿 LICENSED IRRIGATION CONTRACTOR
- 🌿 CERTIFIED ARBORIST
- 🌿 CERTIFIED PEST CONTROL OPERATOR
- 🌿 OUTDOOR LANDSCAPE LIGHTING

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Beyond November 11:

11 Ways to Support Veterans

By Rachel Koepke

Veterans rarely get the recognition they deserve. These brave men and women (from all walks of life) put their lives on the line to protect our nation. When they come home, many face hardships unfathomable to civilians. We may remember them on November 11, but what about the other 364 days of the year? Even if they're *physically* far away, technology now allows us to support our veterans like never before. Whether it's virtual or in person, how can you show your gratitude?

1. **Say "Thank you!"** - A simple "Thank you for your service" goes a long way.
2. **Write a card** - Whether it's homemade with crayons or bought from the store, a signed card can bring great joy.
3. **Send flowers** - Bring a smile to a veteran's face with a thoughtful bouquet. A side of chocolate wouldn't hurt, either!
4. **Send a care package** - Gather meaningful items with a specific veteran in mind.
5. **Become a pen-pal** - Who wouldn't want a pen-pal?
6. **Volunteer with veteran organizations** - There are many groups who support our veterans in various ways. Do some research and get involved!
7. **Be conscientious of triggers** - Try to avoid environments that bring back traumatic memories. Fireworks and other loud noises are common triggers for combat veterans.
8. **Check out K-9 services** - Is your local dog shelter involved with a veteran K-9 service? You can help match a veteran with the right support K-9.
9. **Visit** - Stop by in person or arrange a video call.
10. **Support veteran causes** - Sign up for a 5K or another benefit that supports our veterans and their organizations.
11. **Be respectful** - Civilians don't know what it was like in combat. Be aware and respectful of veterans' wishes and needs.

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WAVE Wellness

Offering Hope to Those Suffering from Migraines

By Dr. Ryan LaChance, D.C. of WAVE Wellness

Migraines are more than severe headaches; they're complex neurological events that greatly impact an individual's quality of life. While there are various treatment options available, an emerging and promising approach gaining traction is Upper Cervical care. This specialized form of Chiropractic targets the uppermost region of the spine, where many migraines originate. Let's explore how Upper Cervical care may offer relief to those suffering from debilitating migraines.

Understanding Migraines and Their Origins

Migraines are characterized by intense, throbbing head pain accompanied by nausea, sensitivity to light, sound, and visual disturbances. While exact causes remain multifaceted and not fully understood, many migraines are triggered by factors including stress, hormonal changes, dietary choices, and structural issues within the Upper Cervical spine.

The Connection between the Spine and Migraines

Every nerve in the body meets at the base of the skull, forms the brainstem, and is protected by a single vertebra—the Atlas (C1). Atlas misalignments impede nerve function, contributing to a wide range of health issues affecting the brain and body—including migraines!



Research suggests Atlas misalignments disrupt blood flow and transmission of nerve signals to and from the brain. This nerve interference may trigger the release of inflammatory chemicals, contributing to the onset of migraines. Upper Cervical care addresses these misalignments, allowing the nervous system to function optimally.


How Upper Cervical Chiropractic Works

Upper Cervical Chiropractors focus exclusively on the uppermost region of the spine to ensure it is structurally and neurologically sound. Adjustments are precise, gentle, and tailored to each person's unique anatomy. By correcting misalignments, Upper Cervical Chiropractic aims to:

- **Restore Nervous System Balance:** Proper alignment can lead to improved nervous system function, potentially reducing the occurrence and severity of migraines.
- **Enhance Blood Flow:** Improved blood circulation to the brain can reduce the release of inflammatory substances that trigger migraines.
- **Alleviate Muscle Tension:** Adjustments can help relax muscles in the neck and upper back, alleviating tension that may contribute to migraines.




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Ryan David LaChance, D.C.
Upper Cervical Chiropractor




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Dr. Ryan David LaChance is a pediatric and family Upper Cervical Chiropractor who focuses on working with the brainstem, nervous system, and optimizing their function through the Upper Cervical spine. Dr. Ryan helps children and adults suffering from chronic, complex neurological issues, and aims to improve the health, life, and vitality of your entire family.

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RedTree is proud to share that they were named "Lawn & Landscapes Best Places to Work 2023" by Lawn and Landscape Magazine.



In addition to their landscaping services, RedTree Landscape Systems also offers irrigation installation and maintenance. Proper irrigation is essential for maintaining a healthy and beautiful landscape, and their licensed irrigation contractors can design and install irrigation systems that are tailored to the specific needs of each client's property.

RedTree Landscape Systems is a company that truly cares about their clients and their landscapes. With their expertise, professionalism, and commitment to quality, they have built a legacy of excellence in the landscaping industry. If you're looking for a reliable and experienced landscaping company in Florida, look no further than RedTree Landscape Systems.



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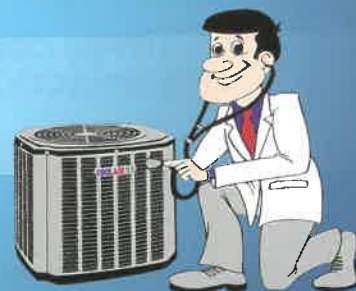


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